

# SEPTEMBER 2018

ALL MEALS ARE SERVED WITH MILK AND WATER, COFFEE/TEA

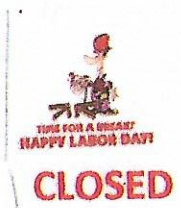
MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



3

CHEESEBURGER  
LETTUCE/TOMATO/ONION  
FRENCH FRIES  
PINEAPPLE CHUNKS  
SUNFLOWER SEEDS  
KETCHUP

4

MEATLOAF  
CHEESY MASHED POTATOES  
GREEN BEANS  
WHEAT BREAD  
ONION YELLOW  
BANANA  
MARGARINE

5

BAKED CHICKEN  
BAKED POTATO  
GREEN PEAS  
WHEAT BREAD  
MANDARIN ORANGES  
SOUR CREAM AND CHIVES  
TOMATO SLICES  
MARGARINE

6

LASAGNA  
CAULIFLOWER  
CHILLED PEACHES  
TOSSED SALAD  
WHOLE GRAIN BREADSTICK  
CINNAMON STREUSEL COFFEE  
CAKE  
SUNFLOWER SEEDS  
LIGHT RANCH PKT  
MARGARINE

7

HERB MARINATED CHICKEN  
BREAST  
BAKED POTATO  
SOUR CREAM AND CHIVES  
GREEN BEANS  
SLICED TOMATOES  
WHEAT BREAD  
CANTALOUPE CHUNKS  
MARGARINE

10

BAKED GLAZED HAM  
BLACK EYED PEAS  
SEASONED GREENS  
CORNBREAD  
EMERALD PEARS

11

GRILLED CHICKEN BREAST  
SANDWICH  
LETTUCE/TOMATO/ONION  
FRENCH FRIES  
COTTAGE CHEESE  
FRESH FRUIT CUP  
SUNFLOWER SEEDS  
APPLE SLICES  
KETCHUP

12

BBQ PORK SANDWICH  
BAKED BEANS  
POTATO SALAD  
COLE SLAW  
TROPICAL FRUIT SALAD

13

PINTO BEANS  
AMERICAN FRIED POTAOES  
BEETS  
CORNBREAD  
ONION YELLOW  
TROPICAL FRUIT SALAD  
MARGARINE

14

POT ROAST  
BAKED POTATO  
SOUR CREAM & CHIVES  
CALIFORNIA VEGETABLE BLEND  
TOMATO SLICES  
WHEAT BREAD  
CINNAMON APPLESAUCE  
MARGARINE

17

CRANBERRY GLAZED TURKEY  
MASHED POTATOES  
GREEN BEAN CASSEROLE  
WHEAT BREAD  
MANDARIN ORANGES  
SUNFLOWER SEEDS  
GRAVY  
MARGARINE

18

FRIED PORK CHOP  
SWEET POTATOES  
COOKED CABBAGE  
FRESH BAKED ROLL  
MARGARINE  
BANANA  
RAISINS

19

MEATLOAF  
MASHED POTATOES  
BROCCOLI  
CINNAMON APPLES  
FRESH BAKED ROLL  
MARGARINE

20

SCRAMBLED EGGS  
SUNFLOWER SEEDS  
BISCUITS & GRAVY  
CHEERIOS CEREAL  
ORANGE JUICE  
JELLY ASST #1 PKT .50Z  
MARGARINE

21

GRILLED CHICKEN BREAST  
SANDWICH  
LETTUCE/TOMATO/ONION  
FRENCH FRIES  
COTTAGE CHEESE  
FRESH FRUIT CUP  
SUNFLOWER SEEDS  
APPLE SLICES  
KETCHUP

24

SEASONED BEANS  
AMERICAN FRIED POTATOES  
SEASONED GREENS  
MACARONI & TOMATO  
CORNBREAD  
CHILLED PEACHES

25

BAKED SPAGHETTI  
CAPRI VEGETABLE BLEND  
SLICED TOMATOES  
GARLIC TOAST  
PEACH CRISP  
PARMESAN CHEESE

26

ROAST TURKEY  
MASHED POTATOES  
ITALIAN GREEN BEANS  
FRESH BAKED ROLL  
SLICED TOMATOES  
BROWN GRAVY  
SUGAR COOKIE  
MANDARIN ORANGES

27

BEEF STEW  
SALTINES  
WHOLE BABY CARROTS  
BISCUIT  
TOMATO SLICES  
SUNFLOWER SEEDS  
DICED PEARS

28