

**Gateway Area Agency on Aging and Independent Living  
Advisory Council Meeting  
Gateway Area Development District  
1/23/2019 @ 11:00 p.m.  
MINUTES**

Present:

- Linda Bryant
- Edward Bryant
- Alice Hedrick
- Toni Hunt
- Brenda Ralls
- FrediaStiltner
- Barbara Montley
- Langley Franklin

Others Present:

- Josh Farrow, Gateway ADD Executive Director
- Becky Combs, Gateway ADD Director of Aging Services
- Emily Jordan, Gateway ADD Administration Coordinator
- Waynane Caudill, LABG Ombudsman
- Stephanie Derifield, UK-Nutrition ED Program
- Lora Gullett, KSU-Rowan Extension Office SNAP Ed/Nutrition Area Agent
- Vanessa Harris, UK-Menifee Extension Office

Proceedings:

-Meeting called to order by chair, Linda Bryant

-New Aging Council members, Fredia Stiltner representing Menifee County was in attendance for today meeting. She was introduced and welcomed by the council members.

-Introduction of Administration Coordinator, Emily Jordan. Aging Council was informed of Emily's duties with this position.

-Mrs. Linda Bryant asked the council to review the previous minutes dated 5/23/2018. Motion made by Linda Bryant to approve minutes; seconded by Barbara Motley; motion passed.

-Discussion and updates on Gateway Senior Centers. Aging Director informed council that a new Director was hired for the Rowan County center. This being Candie Baldrige. Her employment began on December 3, 2018. A training was conducted with Senior Center Directors at the ADD office on November 30, 2018. Emergency Meals was purchased for all Home Delivered Clients in the event of a disaster for which HDM could not be delivered from the Regional kitchen. Report on Title III D evidence based Health Promotion programs to include Bingocize & Walk With Ease to be offered in the centers in the upcoming months. Senior Center Directors must complete the program trainings along with CPR/First Aid certifications. Council members were encouraged to visit and participate with services at the local centers. An updated contact sheet for the centers were offered to the council members.

-Discussion and Information provided on Senior Advocacy Day at the Capitol Annex in Frankfort on February 5, 2019.

-Finance Officer Report:

Diann Donaldson, FO provided hard copies of Statement of Revenues and Expenses- By Program as of December 31, 2018.

-A copy of the January 2019 aging report submitted to the GADD board was provided and discussed with the council.

-Guest Speakers Stephanie Derifield and Lora Gullett provided information on their Supplemental Nutrition Assistance Program Education (SNAP-ED) offered through the county extension offices. The council was provided with a variety of literature regarding food and healthy living options. We were informed of the Healthy Choices for Everybody program. This program is designed for teaching nutrition, cooking skills, food budgeting, and promoting physical activities. The course is a series of seven classes and is currently being offered at the Rowan County Senior Center and has been completed in the Menifee center. Anticipation for completion in all Gateway senior centers.

-Waynanne Caudill, Gateway District Ombudsman reported on her quarterly statistics (October 1 –December 31, 2018): 89 Closed cases, 35 Facility visits, 54 Information/Consultation with Individuals, 35 Consultation to facilities, 2 Staff Trainings, 2 Resident Trainings & 1 Friendly visitor recruited and trained. Every Nursing Home resident was personally delivered Christmas cards. Waynanne Caudill also reported on SHIP services contracted through LABG. She informed the council that everyone should now have received their new Medicare cards. SHIP events have been offered in each of the Gateway counties with low attendance. SHIP assisted over 100 clients compare their health plans during the open enrollment period. Medicare Advantage Plan open enrollment begins January 1 and ends March 31, 2019.

-Aging Director shared with the council employment for In-Home services aides are needed and the ADD is actively seeking candidates.

-Council was ask for any suggestions for guest speakers or programs they may want in future council meetings.

Meeting adjourned. Motion made by Brenda Ralls and seconded by Mayor Edward Bryant; motion passed.